

Local Women and Children Empowerment Project – MOSHI, TANZANIA



[African Impact](http://www.africanimpact.com)

PHYSICAL ADDRESS 6 Carlton Close, Noordhoek, 7985, Cape Town, South Africa.
TELEPHONE +27217854319 Direct Line or CALL US TOLL FREE 08000988440 (UK) 1-800 6067185 (USA)

At African Impact, we see ourselves as the on-the-ground AFRICAN SPECIALISTS in volunteering. Founded in 2004, we have so far hosted over 6000 volunteers on our exciting Conservation and Community Volunteer Projects in Africa.

We are also immensely proud to have been nominated as Finalists for the following Responsible Tourism Awards in 2009: The World Travel Awards; The British Youth Travel Awards and the prestigious South African Imvelo Responsible Tourism Awards. In 2010 we were once again nominated for a World Travel Award and were proud Winners of an Africa-wide Imvelo Responsible Tourism Award in both 2011 and 2010. An accolade awarded in 2009 to Sir Richard Branson's Ulusaba Eco-Lodge in South Africa. In 2011 so far we are nominated for a World Travel Award and are entrants once again in the British Youth Travel Awards and Virgin Responsible Tourism Award.

Our head office is in Cape Town, South Africa, with supporting operations offices in Kenya, Mozambique, Tanzania, Zimbabwe and Zambia. We are determined to make a difference in the amazing communities and conservation areas in which we work. And so can you...

Tanzania is located in East Africa between longitude, 29 degrees and 41 degrees east and latitude 1 degree and 12 degrees south. Tanzania borders Kenya to the north, Rwanda, Burundi, and the Democratic Republic of Congo to the west, and Zambia, Malawi and Mozambique to the south, and is the largest country in East Africa (943,000 sq km), comprising both the mainland and the Zanzibar Archipelago.

A large central plateau makes up most of the mainland (at between 900m and 1800m) and the mountain ranges of the Eastern Arc and the Southern and Northern Highlands cut across the country to form part of the Great Rift Valley.

A land of geographical extremes, Tanzania has the highest peak – Mt. Kilimanjaro, the lowest point – the lakebed of Lake Tanganyika, and the largest lake – Lake Victoria, on the continent. Tanzania is a joint union of mainland Tanganyika and Zanzibar Island. Tanganyika gained its independence in 1961 and Tanzania in 1964. It was in that year that the two countries came together and formed what is now known as Tanzania.

The Tanzanian education system, especially at the secondary level, is very expensive, thus only 5% of girls complete secondary education. What can a woman without education living in patriarchy achieve? Without education and professional guidance, many Tanzanian women end up either serving their husband or struggle to support their children if their husband leaves. This is the situation in which most of the women we strive to help, find themselves in. Thus, we have developed an educational centre where women Learn English, Business and Computer skills (free of charge). It opens their mind, shows them new opportunities in life and gives them a sense of purpose and satisfaction. Upon completing our 6 months course, we assist 3 to 5 of our graduates, financially and professionally, in starting their own business.

Moshi

Moshi is located at the foothills of Mt. Kilimanjaro, the highest free standing mountain in the world and the highest mountain in Africa. Moshi is a home to the Chagga and Maasai tribes and comprises of approximately 150,000 citizens. The nearest airport is Kilimanjaro International Airport, located about 40 minutes from Moshi. The nearest city is Arusha, approximately 1 hour by bus.

Our local women and children empowerment project involves working with a charity organization which is a Non-Profit Organization located in Moshi, Tanzania. In Africa women are considered to be a property of the man, we are therefore, hoping to help with their emancipation. We have developed an educational centre where women can Learn English, Business and Computer skills (free of charge). Upon graduation we assist 3 to 5 of our graduates, financially and with professional advice, with starting up their own business.

Project Location:

This project is located in Moshi, Tanzania (East Africa). Our project base is located at the bottom of Mount Kilimanjaro, approximately a 40 minute drive from Kilimanjaro Airport and is 1 hour away from the main city of Arusha.

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Project Age Limit:

Minimum 18 years, maximum decided on potential participants' health. Families are welcome on this project, but parents must take full responsibility of their children. Volunteering can be a wonderful and enriching experience for families, couples and individuals alike.

Required Experience:

No prior experience is required as we have detailed lesson plans developed for every subject.

**Project Highlights:**

- You will be working in an Educational Centre which is based in a school-like building.
- You will be teaching English, Computers, and Business to local women.
- You will gain lots of hand on experience as our project is run solely by volunteers.
- You will participate during Friday Home Visits. We visit 2 of our students, meet their family, share a meal, chat and get to know more of the local culture.
- You will visit our students businesses, watch them and help them in their daily business activities.
- You will truly participate, appreciate and learn about the Tanzanian culture.

Our programs are available throughout the year and our volunteers can stay for any length of time. Commonly, volunteers visit for 3 weeks, however, many stay for 3 months and some even longer. As a volunteer, you will find that having at least 3 weeks to work with a group of women or children will be helpful in getting to know them, gain their trust, and to learn and appreciate their individual needs and strengths.

• **Teach English** – volunteers teach ESL primarily to local women, curriculum is provided for our volunteers. This ensures teaching consistency as well as makes teaching easier for volunteers who do not have prior experience in the area. We also have Kiswahili translator available daily. You can teach up to 20 students at a time in this class.

• **Teach Business** – volunteers teach business to local woman – our curriculum is developed in both English and Swahili and a local program manager assists with translation, if necessary. Our business classes are very basic and easy for volunteers to understand and teach without prior business knowledge or experience.

• **Teach Computers** – volunteers teach computers to local women – we offer a curriculum for our volunteers to follow, basic computer skills help women run their business more efficiently. Our volunteers teach the basics of MS Word and MS Office.

• **Home Visits** – every Friday we visit 2 of our students to learn about their lives and to share our cultural experiences, to appreciate their way of life and struggles and to help us understand how to help our students in the future. Our students are very appreciative of our visits, we meet their families, and share a meal with them and it is a lovely way to spend the day.

• **Graduation Ceremony** – those volunteers who volunteer with us at the end of the semester have the unique opportunity to organize and participate during a graduation ceremony for our students. It is a very joyous occasion for our students, their families and our volunteers. The next semester starts on the 4th October 2010 and runs through to the 1st April 2011.

Experience in the above subjects is not necessary because we have a curriculum that our volunteers can follow and use as a teaching guideline. This ensures teaching consistency and continuity in the classroom

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and will enable you to be a prepared and confident teacher. If you have a specific area of expertise or interest in addition to the aforementioned ones, please let us know in advance, so that we may be able to integrate your talent and/or interest in our program.

The school that we work in is located next to our house which is very convenient for both our students and our volunteers. It is also only a 15 minute walk away from town.

Our semesters are 6 months in length and students receive a certificate upon graduation. We currently have 40 students, 80% of whom are women and their ages range from 20 – 55 years of age. We accept a smaller percentage of men to our schools as well, as we believe that by educating the men, we also help the women.



Project Cost 2012:

As this project is solely managed by volunteers, your volunteer fee supports the school and the community that we work with.

	£ - Pounds Sterling	Euros €	US\$
2 weeks	510	665	920
4 weeks	1015	1320	1825
6 weeks	1270	1650	2285

Project Cost Includes:

- Transportation from Kilimanjaro International Airport to the Volunteer base
- Accommodation – shared rooms. If you are a couple or a family, please, let us know in advance
- Dinners – Sunday through Friday
- Purified water
- Volunteer placement
- Security guard and cleaning lady
- Your volunteer fee supports the projects that we are involved with: Students (exercise books, pencils, etc.), the School (laptops, desks, tables, etc.), and Student’s businesses (Startup capital – store rent, inventory, etc.)

Project Cost Excludes:

- Flight to Tanzania
- Transportation to Kilimanjaro International Airport from the Volunteer base
- Breakfasts and lunches (kitchen is available for volunteers to use)
- Dinner on Saturday (most volunteers are away, taking day trips or going out on the weekend)
- Health insurance and other insurance costs if applicable
- Visa costs – volunteers need to purchase a tourist visa upon arrival at the airport and then later a volunteer visa, which the project manager will assist you with.
- Laundry
- Weekend Trips
- All items of a personal nature, such as curios, gifts, clothing (work and other)
- Email / Internet and telephone calls (Internet is available in the house, volunteers are responsible for re-charging the account).
- Beverages other than water.
- Personal travel and health insurance for the duration of your placement which must include cover for repatriation.

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Optional Travel Highlights:

These are not included in your volunteering fee, but our project managers are able to assist you with making the necessary booking arrangements. It is generally best to arrange your tourist activities once you are in Tanzania. Tanzania offers a variety of tours and weekend getaways. Many volunteers visit Ngorongoro Crater, Serengeti National Park, Zanzibar Island and Stone Town and much more. Volunteers can also visit several local waterfalls, a Chagga village and Maasai village. Many volunteers also take a week after their placement to climb Mount Kilimanjaro. If you are interested in doing a safari or climbing Kilimanjaro, we recommend that you make your booking while in Tanzania as it will be more cost effective.

Project Orientation:

Day of Arrival:

The majority of flights arrive at the Kilimanjaro airport in the evening. We will pick you up from the airport, we will be holding a sign with your name on it and take you to the home base. Upon your arrival, you will meet our other volunteers, and get a tour of the house.

Monday – Thursday

Volunteers are responsible for making their own breakfast and lunch, this needs to be done (should they wish) prior to leaving for work.

7.30am - Get up and start getting ready for your project

8.00am - Breakfast (you are responsible for purchasing and preparing your own breakfast)

8.45am - Start greeting the students

9am–12pm - Teaching

12pm–12.45pm - Lunch (you are responsible for purchasing and preparing your own lunch)

12.45pm–3pm - Teach extra classes, assist in local orphanage / nursery school, visit student's businesses.

3pm – 6.30pm - Free time

6.30pm - Dinner

Friday

10am – 3pm - Home Visits and / or student business visit

Monday to Friday, volunteers are asked to be back in the volunteer house by midnight so they do not disturb others. Note: alcohol, drugs and cigarettes are not allowed in the volunteer house. Work days are Monday to Friday, weekends are free to do any tourist activities or to rest from your week of volunteering.

Please be advised that we endeavor to keep all of our project documents up to date, however, due to the constantly evolving nature of a sustainable project this project will be at different stages over the next few months. Some projects will become self sufficient and no longer require the assistance of volunteers, others will slightly change focus and new ones will begin. Volunteers will be involved in a diverse range of project work as things evolve and develop, all of which are moving the project towards a common goal.

Project Support:

Throughout your stay at your placement you will have the support and guidance of the Canadian Project Manager. She will provide you with competent 24-hour field support and assistance throughout your stay.



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Project Accommodation:

The home base is located by Ushirika University in Moshi, it is a very safe and beautiful area. The home has most features you may find in a western home – bedrooms, family room, dining room, kitchen, and bathrooms. Please be advised we are in Africa where electricity and hot water can be sporadic. Downtown Moshi is a 15 minute walk from our house or a 5 minute taxi ride. A small store is across the street, where you can buy bread, milk and other basic staples.

Typically, there are 2 volunteers per room. Families and couples will be accommodated to stay in the same room. Sheets, blankets and mosquito nets are provided for you. The number of volunteers at the project can vary from 1 - 6 volunteers at any one time.

Dinners will be provided for you at the home base. We believe this is a wonderful time for all volunteers to sit down at the end of the day, spend time together as a team, talk about their day, their experiences and share ideas. At night we play cards, watch a movie, we also have a few quirky traditions such as we celebrate Christmas or other holidays once a month, we do a Bollywood "goodbye dance," and truly live as a family.

There are a few markets in town where volunteers can buy grocery and hygiene products etc. The kitchen is available for our volunteers in the morning and during the day to cook your breakfast and lunch. It is not recommended to drink the tap water in Tanzania; therefore we recommend either buying bottled water in town, or using your personal purification system. However, boiling water is cheaper and is also very safe for drinking, it what most of our volunteers do on a daily basis.

Project Meals:

Dinners will be provided for all volunteers. Please advise should you have any food allergies or dietary requirements. The kitchen will be available to volunteers to make their own breakfast and lunches.

Budgeting:

To help you budget, here is a price list of some basic items you may be purchasing on a regular basis:

- 1L Milk – 2,500 Tsh
- Bread – 1,000 Tsh
- Cheese – 5,000 Tsh
- 10 tomatoes – 1,000 Tsh
- 3 cucumbers – 500 Tsh
- 3 mangos – 1,000 Tsh
- Coke – 800 Tsh
- 1L bottle of water – 1,000 Tsh
- Cereal – 8,000 Tsh
- Pasta – 2,000 Tsh
- Butter – 5,000 Tsh
- Shampoo – 4,500 Tsh
- Liquid soap – 4,500 Tsh
- Taxi ride from home base to downtown Moshi – 3,000 Tsh
- Taxi ride to the airport 40,000 Tsh

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- 1hr of internet at local internet café – 1,000 Tsh
- Safari trip – approximately \$150 per day (Ngorongoro trip is 3 days, Serengeti is 4 days)
- Flight to Zanzibar – approximately \$220

Project Getting There:

We will meet you at the airport! Please ensure that you arrive at Kilimanjaro Airport. The most common flights are via Amsterdam – a direct flight which arrives into Kilimanjaro before 8pm. Our staff will meet volunteers at the airport and take them to the volunteer house – volunteers are to please submit a personal photo prior to arrival for easy identification. Our staff will also hold a sign with your name on it for when you arrive at the airport.

Please Note: Tanzania is a very conservative country. Women should not wear shorts or skirts above their knee or wear revealing tops. For school, skirts or nice pants and tops are appropriate.

Our Preferred Travel Insurance Partners:



Visit **WorldNomads.com** for a great deal on reliable travel

insurance:

<http://www.africanimpact.com/news-article/need-travel-insurance--weve-got-just-the-answer-for-you!/20100219>

FURTHER INFORMATION FOR YOUR INTEREST

Read our latest African Impact news posts:

For news and update with all of our projects please join us at African Impact's official main page:

<http://www.facebook.com/pages/African-Impact-Offical-Page/140942759303157#!/pages/African-Impact-Offical-Page/140942759303157>

Follow us on Twitter:



Want to hear what is happening at the projects in real time Follow us on Twitter @ http://twitter.com/#!/African_Impact

Meet your Destination Manager for this project! Kylie will guide you through the whole pre-arrival procedure for this placement and you will receive comprehensive information throughout to ensure you are fully prepared for your project placement with us.



Kylie was born and raised in Zimbabwe. In 2001 she went to work, travel and study in the United Kingdom until she decided to come back and live in Africa at the beginning of 2008. Kylie is really excited to be back in Africa and to be involved with all the wonderful African Impact community projects based in and around East Africa.

E-mail Kylie on: kylie@africanimpact.com



Our Awards

African Impact is proud to be **WINNERS** in the Africa-wide Imvelo Responsible Tourism awards 2010, as well as **FINALISTS** in the 2010 World Travel Awards. We see this as exciting recognition of our position as African specialists in Volunteering with over 6 years experience.

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Our Partners

The Happy Africa Foundation

www.happyafricafoundation.org African Impact is proud to have been instrumental in the establishment of The Happy Africa Foundation in 2007 and continues to be one of the Foundations major supporters. UK Registered Charity Number: 1123529. The mission of The Happy Africa Foundation is to empower the African people through the support of community and conservation based initiatives that operate at grass roots level.

We are proudly affiliated to the UK-based **Know Before You Go** campaign that promotes education and knowledge-sharing amongst travelers.

Our Travel Insurance Partners

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